

Time	Category	Distance	Loops
11:30	U10 / U12 Boys	2,1km	Start ABCDEFGF +Finish
11:45	U10 / U12 Girls	2,1km	Start ABCDEFGF +Finish
12:00	U14 Girls	3,5km	Start ABCDEFGH CDEFG +Finish
12:15	U14 Boys	3,5km	Start ABCDEFGH CDEFG +Finish
12:30	U16 Girls	4,6km	Start ABCDXEFHG ABCDXEFG +Finish
12:50	U16 Boys	4,6km	Start ABCDXEFHG ABCDXEFG +Finish
13:05	U18 Women	5,7km	Start ABCDXEFHG ABCDXEFGH CDEFG +Finish
13:35	U20 & Senior / Vets. Women	6,5km	Start ABCDXEFHG ABCDXEFGH ABCDXEFG +Finish
14:10	U18 Men	5,7km	Start ABCDXEFHG ABCDXEFGH CDEFG +Finish
14:30	U20 & Senior / Vets. Men	10,2km	Start ABCDXEFHG ABCDXEFGH ABCDXEFGH CDEFG +Finish

