

100m (Saturday)						
Final	Wind -1.7					
1	Emily Lucas	Aldershot Farnham District	309	12.196		
2	Fola Odofin	City of Portsmouth AC	303	12.359		PB
3	Ella Hutton	City of Portsmouth AC	310	12.629		
4	Tilly Beddow	Guernsey AC	300	12.783		
5	Millie Rolls-Hooper	City of Portsmouth AC	311	13.057		
6	Emily Pike	Guernsey AC	304	13.154		
7	Edie Grace Dorrian	Guernsey AC	307	13.257		SB
8	Lucy Cohu	Jersey Spartan AC	313	13.31		
Heat 1	Wind -1.4					
1	Emily Lucas	Aldershot Farnham District	309	12.151	Q	
2	Ella Hutton	City of Portsmouth AC	310	12.745	Q	
3	Emily Pike	Guernsey AC	304	13.15	Q	
4	Lucy Cohu	Jersey Spartan AC	313	13.211	q	SB
5	Carrie Elizabeth Dowding	Guernsey AC	306	13.356		PB
6	Amy Gwyer	New Forest Junior AC	302	13.841		SB
Heat 2	Wind -2.4					
1	Fola Odofin	City of Portsmouth AC	303	12.766	Q	SB
2	Tilly Beddow	Guernsey AC	300	12.9	Q	
3	Millie Rolls-Hooper	City of Portsmouth AC	311	12.996	Q	SB
4	Edie Grace Dorrian	Guernsey AC	307	13.276	q	SB
5	Molly Christer	Basingstoke & Mid Hants AC	312	13.527		SB
6	Annabel Louisa Webb	SETAFA	301	14.163		
100m Hurdles (Saturday)						
Final	Wind-3.4					
1	Millie Rolls-Hooper	City of Portsmouth AC	311	15.56		SB
2	Jasmine Hatch	Windsor Slough Eton & Hounslow AC	335	15.641		
3	Grace Weeks	Winchester & AC	336	16.715		

1500m (Saturday)						
Final						
	1	Leah Johnson	New Forest Junior AC	329	04:52.3	
	2	Skye Johnson	New Forest Junior AC	332	04:59.1	PB
	3	Eve Bailey	Winchester & AC	331	05:04.5	SB
	4	Isobella Palmer Ward	City of Portsmouth AC	330	05:15.0	
1500m Steeplechase						
		No Competition				
200m (Sunday)						
Final						
		Wind -2.1				
	1	Elsie Brindle	Winchester & AC	317	25.215	
	2	Ella Hutton	City of Portsmouth AC	310	26.084	
	3	Emily Pike	Guernsey AC	304	26.337	
	4	Tilly Beddow	Guernsey AC	300	26.371	PB
	5	Lucy Cohu	Jersey Spartan AC	313	27.323	SB
	6	Edie Grace Dorrian	Guernsey AC	307	27.979	SB
	7	Amy Gwyer	New Forest Junior AC	302	29.454	
		Isabelle Wardle	Southampton AC	314	DNS	
Heat 1						
		Wind -2.7				
	1	Elsie Brindle	Winchester & AC	317	26.051	Q
	5	Lucy Cohu	Jersey Spartan AC	313	27.518	Q SB
	6	Edie Grace Dorrian	Guernsey AC	307	28.342	Q SB
	7	Isabelle Wardle	Southampton AC	314	28.515	q
	10	Lila Bennett	City of Portsmouth AC	308	31.099	SB
Heat 2						
		Wind -3.4				
	1	Ella Hutton	City of Portsmouth AC	310	26.194	Q
	2	Emily Pike	Guernsey AC	304	26.471	Q
	3	Tilly Beddow	Guernsey AC	300	27.448	Q
	4	Amy Gwyer	New Forest Junior AC	302	28.842	q SB
	5	Yan Ching Angie Lai	Southampton AC	315	30.654	PB

3000m(Sunday)						
Final						
	1	Eva Johnson	Winchester Running Club	333	10:33.8	PB
400m (Sarurday)						
Final						
	1	Elsie Brindle	Winchester & AC	317	56.232	
	2	Darcey Hodgson	Guernsey AC	322	57.487	
	3	Jodie Tanner	Southampton AC	323	59.837	PB
	4	Emerson Churcher	Southampton AC	325	01:00.9	PB
	5	Hattie Bond	Havant AC	320	01:01.8	SB
	6	Thailia lezzoni	Jersey Spartan AC	321	01:04.9	PB
	7	Freya Hampshire	City of Portsmouth AC	318	01:05.5	
	8	Olya Roostaei	Havant AC	319	01:10.0	
400m Hurdles (Sunday)						
Final						
	1	Darcey Hodgson	Guernsey AC	322	01:05.0	
	2	Jodie Tanner	Southampton AC	323	01:10.0	SB
	3	Daisy Eloise Johnson	New Forest Junior AC	337	01:19.9	PB
800m (Sunday)						
Final						
	1	Darcey Hodgson	Guernsey AC	322	02:12.6	SB
	2	Emerson Churcher	Southampton AC	325	02:15.4	SB
	3	Charlotte Vickers	Basingstoke & Mid Hants AC	327	02:15.9	PB
	5	Leah Johnson	New Forest Junior AC	329	02:19.6	PB
	6	Chloe Anne Jones	City of Portsmouth AC	324	02:25.0	
	7	Eva Elsey	Southampton AC	328	02:27.4	SB
		Thailia lezzoni	Jersey Spartan AC	321	DQ	
3000m Walk (4 May)						
		No Competition				

Discus (Sunday)						
Final						
	1	Erin Sophie McBriar	Winchester & AC	348	31.69	
	2	Eve Mengham	Havant AC	347	28.29	SB
Hammer (Saturday)						
Final						
	1	Eloise MacDonald	Andover AC	349	42.32	PB
	2	Eve Mengham	Havant AC	347	38.18	PB
	3	Sophie Wardle	Andover AC	346	31.08	PB
High Jump (Saturday)						
Final						
	1	Lois Moore	Winchester & AC	339	1.60	
	2	Abigail Belward	Winchester & AC	338	1.55	SB
	3	Lauren Grice	Aldershot Farnham District	316	1.50	SB
	4	Lauren Gilchrist	Guernsey AC	340	1.45	SB
Javelin	No Competition					
Long Jump (Sunday)						
Final						
	1	Carys Grace Jeffries	Winchester & AC	343	5.39	
	2	Eleanor Rose Iredale	City of Portsmouth AC	341	5.17	
	3	Amelie Carpentier	Guernsey AC	344	4.99	
	4	Ella Hutton	City of Portsmouth AC	310	4.99	
Pole Vault	No Competition					

Shot Put (Saturday)						
Final						
	1	Abigail Belward	Winchester & AC	338	10.60	PB
	2	Eve Mengham	Havant AC	347	10.26	
	3	Sophie Wardle	Andover AC	346	9.52	SB
Triple Jump (Saturday)						
Final						
	1	Ella Hutton	City of Portsmouth AC	310	10.38	
	2	Amelie Carpentier	Guernsey AC	344	9.85	
	3	Lucy Trueman	City of Portsmouth AC	345	8.79	
	4	Lauren Gilchrist	Guernsey AC	340	8.57	