

100m (Sunday)						
Final	Wind -1.3					
	1	Jamie Andrew Oldham	Jersey Spartan AC	200	11.004	SB
	2	Jamie Goldsmith	Basingstoke & Mid Hants AC	212	11.064	SB
	3	Scott Christian Harris	City of Portsmouth AC	208	11.322	
	4	Samuel Francis Wright	Basingstoke & Mid Hants AC	211	11.336	PB
	5	Jayden Planner	Jersey Spartan AC	213	11.649	PB
	6	James Foster	City of Portsmouth AC	205	11.898	PB
	7	Quinn Barker	Basingstoke & Mid Hants AC	202	11.921	
		Daniel Pike	Guernsey AC	204	DNS	
Heat 1	Wind -2.3					
	1	Jamie Andrew Oldham	Jersey Spartan AC	200	11.252	Q SB
	2	Samuel Francis Wright	Basingstoke & Mid Hants AC	211	11.52	Q SB
	3	Jayden Planner	Jersey Spartan AC	213	11.659	Q PB
	4	Quinn Barker	Basingstoke & Mid Hants AC	202	11.746	q SB
	5	Ethan Rankin	Jersey Spartan AC	206	12.264	PB
Heat 2	Wind -1.5					
	1	Jamie Goldsmith	Basingstoke & Mid Hants AC	212	11.394	Q SB
	2	Scott Christian Harris	City of Portsmouth AC	208	11.492	Q
	3	Daniel Pike	Guernsey AC	204	11.878	Q
	4	James Foster	City of Portsmouth AC	205	11.987	q PB
110m Hurdles	No Competition					
1500m (Sunday)						
Final						
	1	Stanley Parkinson	Winchester Running Club	231	04:10.3	PB
	2	Oliver Priston	Havant AC	229	04:10.6	PB
	3	Oliver Savage	Olympia Athletics	232	04:27.5	PB
	4	Aaron Webb	Fleet & Crookham AC	230	04:33.0	PB
2000m Steeplechase (Sunday)						
Final						
	1	Bradley Joel Andrews-Callec	Jersey Spartan AC	238	06:04.3	PB
	2	Jack Powell Rees	Guernsey AC	233	06:15.6	PB

200m (Saturday)						
Final	Wind -5.7					
	1	Jamie Andrew Oldham	Jersey Spartan AC	200	22.467	SB
	2	Jamie Goldsmith	Basingstoke & Mid Hants AC	212	22.878	
	3	Samuel Francis Wright	Basingstoke & Mid Hants AC	211	23.157	
	4	Scott Christian Harris	City of Portsmouth AC	208	23.424	
	5	Jayden Planner	Jersey Spartan AC	213	24.26	
	6	Daniel Pike	Guernsey AC	204	24.31	
	7	Josh Taylor	Havant AC	214	24.34	
	8	Fraser McGilvray	Andover AC	209	25.088	
Heat 1	Wind -2.4					
	1	Jamie Andrew Oldham	Jersey Spartan AC	200	22.712	Q SB
	2	Samuel Francis Wright	Basingstoke & Mid Hants AC	211	23.154	Q
	3	Scott Christian Harris	City of Portsmouth AC	208	23.49	Q
	4	Josh Taylor	Havant AC	214	23.871	q SB
	5	Jayden Planner	Jersey Spartan AC	213	23.909	q PB
Heat 2	Wind -2.9					
	1	Jamie Goldsmith	Basingstoke & Mid Hants AC	212	22.533	Q SB
	2	Daniel Pike	Guernsey AC	204	24.037	Q
	3	Fraser McGilvray	Andover AC	209	24.044	Q SB
	4	Rory Baines	Jersey Spartan AC	215	24.317	SB
	5	Ethan Rankin	Jersey Spartan AC	206	24.931	PB
3000m (Saturday)						
Final						
	1	Bradley Joel Andrews-Callec	Jersey Spartan AC	238	09:14.2	SB
	2	Sam Wilkinson	Winchester Running Club	237	09:16.5	
	3	Jack Powell Rees	Guernsey AC	233	09:17.7	SB
	4	Jack Hemmatpour	Southampton AC	234	09:34.8	PB
	5	Aiden Furby	Winchester Running Club	236	10:09.7	SB

400m (Sunday)						
Final						
	1	Josh Taylor	Havant AC	214	50.514	PB
	2	Rory Baines	Jersey Spartan AC	215	52.633	PB
	3	Oliver Wye	Winchester & AC	217	53.337	SB
	4	Charlie Kavanagh	Basingstoke & Mid Hants AC	216	54.832	PB
400m Hurdles		No Competition				
800m (Saturday)						
Final						
	1	Will Atkins	Winchester Running Club	228	01:56.9	PB
	2	Orrin James Wheeler	Basingstoke & Mid Hants AC	223	02:00.1	SB
	3	Archie Pearson	Isle of Wight AC	225	02:00.9	
	4	Harris Worship	Basingstoke & Mid Hants AC	220	02:01.0	SB
	5	Benjamin Gibbard	City of Portsmouth AC	227	02:04.1	
	6	Leo Fraser Shacklock	Southampton AC	42	02:04.5	PB
	7	Oscar Tipping	Havant AC	221	02:07.5	PB
	8	Jack Hedderly	Basingstoke & Mid Hants AC	226	02:08.1	SB
	9	Noah O'Neill	Basingstoke & Mid Hants AC	224	02:08.8	SB
3000m Walk (4 May)		No Competition				
Discus (Saturday)						
Final						
	1	Jack Burgess	City of Portsmouth AC	240	39.67	PB
Hamer (Sunday)						
Final						
	1	Charlie Elford Pond	Winchester & AC	241	60.15	
	2	Jack Burgess	City of Portsmouth AC	240	46.42	SB
	3	Alex Wilkinson	Jersey Spartan AC	203	33.74	PB
High Jump		No Competition				

Javelin (Saturday)						
Final						
	1	Daniel Charles Dubras	Jersey Spartan AC	245	56.50	PB
	2	Sam Nicholson	Winchester & AC	243	45.21	
	3	Tom Michael Bennett	Jersey Spartan AC	244	39.22	PB
	4	Harry Paul Sprague Jones	Winchester & AC	242	35.57	PB
Long Jump (Saturday)						
Final						
	1	Logan Cookson	City of Portsmouth AC	210	6.73	
	2	Jeffrey Chan	Winchester & AC	207	6.01	
	3	Ethan Rankin	Jersey Spartan AC	206	5.91	
Pole Vault	No Competition					
Shot Put (Sunday)						
Final						
	1	Charlie Elford Pond	Winchester & AC	241	14.37	PB
	2	Jack Burgess	City of Portsmouth AC	240	10.35	PB
	3	Alex Wilkinson	Jersey Spartan AC	203	7.03	PB
Triple Jump (Sunday)						
Final						
	1	Logan Cookson	City of Portsmouth AC	210	13.69	