

100m (Saturday)						
Final	Wind -2.0					
	1	Elsie Brindle	Winchester & AC	513	12.507	
	2	Zara Addo-Antoine	Aldershot Farnham District	507	12.885	
	3	Edie Grace Dorrian	Guernsey AC	504	13.009	
	4	Gabriella Falano	SETAFA	516	13.258	PB
	5	Shenique Xavier	New Forest Junior AC	518	13.441	SB
	6	Molly Christer	Basingstoke & Mid Hants AC	502	13.646	
	7	Denaya Guma	Basingstoke & Mid Hants AC	511	13.741	PB
	8	Megan Griffin	Jersey Spartan AC	522	13.937	
Heat 1	Wind -0.7					
	1	Elsie Brindle	Winchester & AC	513	12.819	Q
	2	Gabriella Falano	SETAFA	516	13.359	Q PB
	3	Shenique Xavier	New Forest Junior AC	518	13.419	q SB
	4	Olivia Sarling	Aldershot Farnham District	517	13.926	
	5	Xenia Daniel-Collings	New Forest Junior AC	512	14.039	PB
	6	Amelia Hills	Jersey Spartan AC	510	14.309	PB
	7	Macy Reekie	Jersey Spartan AC	523	14.896	PB
Heat 2	Wind -2.5					
	1	Zara Addo-Antoine	Aldershot Farnham District	507	13.002	Q
	2	Megan Griffin	Jersey Spartan AC	522	13.807	Q PB
	3	Kate Elizabeth Hearn	Andover AC	514	13.83	
	4	Taylor Mitton	City of Portsmouth AC	505	14.218	PB
	5	Skyler Brown	Isle of Wight AC	519	14.254	
	6	Katie Paris Herivel	Jersey Spartan AC	515	14.396	PB
	7	Jessica Tye	Jersey Spartan AC	509	14.673	PB
Heat 3	Wind -0.4					
	1	Edie Grace Dorrian	Guernsey AC	504	13.041	Q
	2	Molly Christer	Basingstoke & Mid Hants AC	502	13.58	Q
	3	Denaya Guma	Basingstoke & Mid Hants AC	511	13.733	q PB
	4	Rosie Lewis	Portsmouth Grammar School	500	14.047	PB
	5	Lucy Kirby	Jersey Spartan AC	506	14.158	PB
	6	Amabel Jansen	City of Portsmouth AC	503	14.483	PB
	7	Ffion Williams	Southampton AC	501	14.643	SB
	8	Bella Christopher	Jersey Spartan AC	520	15.538	PB

1500m (Saturday)						
Final						
	1	Eva Elsey	Southampton AC	547	04:44.2	PB
	2	Emerson Churcher	Southampton AC	544	04:45.1	PB
	3	Imogen Edwards	Basingstoke & Mid Hants AC	546	04:45.5	
	4	Poppy Taylor	Winchester Running Club	542	04:51.7	SB
	5	Isla Grace Hall	Jersey Spartan AC	545	04:54.2	SB
	6	Uma Doublet	Basingstoke & Mid Hants AC	550	05:03.2	
	7	Elise Higgins	Southampton AC	548	05:12.1	PB
	8	Sophie Lane	Southampton AC	551	05:24.7	
1500m Steeplechase (Saturday)						
Final						
	1	Erin Ingram	New Forest Junior AC	552	06:43.6	PB
200m (Sunday)						
Final						
		Wind 0.2				
	1	Elsie Brindle	Winchester & AC	513	24.839	
	2	Chloe Poore	Winchester & AC	532	25.583	PB
	3	Gracie Ava Osman	Winchester & AC	525	25.601	PB
	4	Rebekah Smith	Winchester & AC	530	26.001	PB
	5	Una Whalley	Southampton AC	526	26.251	PB
	6	Chloe Johnson	New Forest Junior AC	533	26.298	PB
	7	Isobel Jordan	Winchester & AC	529	26.512	PB
		Shenique Xavier	New Forest Junior AC	518		
Heat 1						
		Wind -3.3				
	1	Elsie Brindle	Winchester & AC	513	25.759 Q	
	2	Isobel Jordan	Winchester & AC	529	26.651 Q	PB
	3	Shenique Xavier	New Forest Junior AC	518	27.847 q	SB
	4	Amelia Hills	Jersey Spartan AC	510	29.134	PB
	5	Xenia Daniel-Collings	New Forest Junior AC	512	29.19	PB
	6	Jessica Tye	Jersey Spartan AC	509	30.152	PB
	7	Izabel Brown	Basingstoke & Mid Hants AC	531	30.529	SB

Heat 2	Wind -2.5					
	1	Gracie Ava Osman	Winchester & AC	525	27.033	Q
	2	Chloe Johnson	New Forest Junior AC	533	27.361	Q
	3	Molly Christer	Basingstoke & Mid Hants AC	502	29.232	
	4	Taylor Mitton	City of Portsmouth AC	505	29.467	PB
	5	Lucy Kirby	Jersey Spartan AC	506	29.686	PB
	6	Amelia Gillings	Basingstoke & Mid Hants AC	528	29.968	
	7	Macy Reekie	Jersey Spartan AC	523	30.182	PB
Heat 3	Wind -3.0					
	1	Chloe Poore	Winchester & AC	532	26.205	Q
	2	Rebekah Smith	Winchester & AC	530	26.278	Q
	3	Una Whalley	Southampton AC	526	26.571	q PB
	4	Olivia Sarling	Aldershot Farnham District	517	27.994	PB
	5	Denaya Guma	Basingstoke & Mid Hants AC	511	28.129	PB
	6	Megan Griffin	Jersey Spartan AC	522	29.184	PB
	7	Skyler Brown	Isle of Wight AC	519	29.843	
	8	Katie Paris Herivel	Jersey Spartan AC	515	30.008	PB
3000m (Sunday)						
Final						
	1	Kate Atkinson	Southampton AC	556	11:08.4	PB
	2	Grace Baker	Winchester Running Club	553	11:15.0	PB
	3	Sophie Lane	Southampton AC	551	11:38.9	
	4	Jessica Stevens	City of Portsmouth AC	555	12:41.0	PB
300m (Saturday)						
Final						
	1	Elsie Brindle	Winchester & AC	513	39.097	CR PB
	2	Lucia Bertacchini	Winchester & AC	535	39.557	PB
	3	Chloe Poore	Winchester & AC	532	40.033	PB
	4	Daisy Allford	Basingstoke & Mid Hants AC	536	40.14	PB
	5	Chloe Johnson	New Forest Junior AC	533	41.195	
	6	Isobel Jordan	Winchester & AC	529	41.904	PB
	7	Amelia Hills	Jersey Spartan AC	510	45.843	PB
	8	Megan Griffin	Jersey Spartan AC	522	46.113	PB

Heat 1						
	1	Elsie Brindle	Winchester & AC	513	39.273	Q CR PB
	2	Lucia Bertacchini	Winchester & AC	535	40.77	Q PB
	3	Daisy Allford	Basingstoke & Mid Hants AC	536	41.478	Q
	4	Megan Griffin	Jersey Spartan AC	522	46.334	q PB
	5	Amelia Hills	Jersey Spartan AC	510	46.634	q PB
	6	Jessica Tye	Jersey Spartan AC	509	47.569	PB
	7	Izabel Brown	Basingstoke & Mid Hants AC	531	47.785	PB
Heat 2						
	1	Chloe Poore	Winchester & AC	532	42.13	Q
	2	Isobel Jordan	Winchester & AC	529	42.429	Q PB
	3	Chloe Johnson	New Forest Junior AC	533	44.191	Q
	4	Holly Cunningham	City of Portsmouth AC	534	47.339	
	5	Lucy Kirby	Jersey Spartan AC	506	47.36	PB
	6	Macy Reekie	Jersey Spartan AC	523	47.921	PB
	7	Ava Hadjam	Jersey Spartan AC	537	49.408	PB
	8	Bella Christopher	Jersey Spartan AC	520	50.129	PB
300m Hurdles (Sunday)						
Final						
	1	Lucia Bertacchini	Winchester & AC	535	44.415	PB
	2	Daisy Eloise Johnson	New Forest Junior AC	558	49.267	PB
	3	Alexis Seymour	New Forest Junior AC	557	52.209	
800m (Sunday)						
Final						
	1	Daisy Allford	Basingstoke & Mid Hants AC	536	02:11.6	PB
	2	Emerson Churcher	Southampton AC	544	02:15.1	PB
	3	Eva Elsey	Southampton AC	547	02:19.5	PB
	4	Isla Grace Hall	Jersey Spartan AC	545	02:22.8	PB
	5	Francesca Joslin	Winchester & AC	540	02:22.8	SB
	6	Chloe Anne Jones	City of Portsmouth AC	541	02:22.9	
	7	Elise Higgins	Southampton AC	548	02:23.9	PB
		Poppy Taylor	Winchester Running Club	542		

Heat 1						
	1	Emerson Churcher	Southampton AC	544	02:19.0	Q SB
	2	Daisy Allford	Basingstoke & Mid Hants AC	536	02:20.0	Q
	3	Elise Higgins	Southampton AC	548	02:22.7	Q PB
	4	Francesca Joslin	Winchester & AC	540	02:24.1	q SB
	5	Eleanor Champion	Aldershot Farnham District	538	02:30.8	SB
	6	Bella Christopher	Jersey Spartan AC	520	02:49.8	PB
Heat 2						
	1	Eva Elsey	Southampton AC	547	02:21.0	Q SB
	2	Poppy Taylor	Winchester Running Club	542	02:21.5	Q
	3	Chloe Anne Jones	City of Portsmouth AC	541	02:24.8	Q
	4	Isla Grace Hall	Jersey Spartan AC	545	02:26.3	q PB
	5	Ava Hadjam	Jersey Spartan AC	537	02:34.9	PB
	6	Holly Cunningham	City of Portsmouth AC	534	02:43.5	SB
80m Hurdles (Saturday)						
Final						
		Wind -2.1				
	1	Rebekah Smith	Winchester & AC	530	11.923	
	2	Gracie Ava Osman	Winchester & AC	525	12.878	PB
	3	Denaya Guma	Basingstoke & Mid Hants AC	511	13.003	PB
	4	Rosie Lewis	Portsmouth Grammar School	500	14.099	PB
	5	Macy Reekie	Jersey Spartan AC	523	15.676	PB
		Alexis Seymour	New Forest Junior AC	557		
3000m Walk (6 May)						
Final						
	1	Natasha Louise Mitchell	Southampton AC	73	16:21.4	SB

Discus (Sunday)						
Final						
	1	Bethany Rhea Mballa	Winchester & AC	569	40.42	PB
	2	Abigail Ellen McBriar	Winchester & AC	573	32.67	SB
	3	Eve Mengham	Havant AC	570	27.53	PB
	4	Jessica Henderson	Isle of Wight AC	574	25.23	
	5	Skyler Brown	Isle of Wight AC	519	22.26	PB
	6	Amy Jane Greenwell	Isle of Wight AC	571	18.81	
	7	Amabel Jansen	City of Portsmouth AC	503	16.14	PB
Hammer (Saturday)						
Final						
	1	Evie Scott	Winchester & AC	576	40.40	SB
	2	Bethany Rhea Mballa	Winchester & AC	569	39.40	SB
	3	Sophie Wardle	Andover AC	575	35.34	PB
	4	Eve Mengham	Havant AC	570	35.32	PB
	5	Abigail Ellen McBriar	Winchester & AC	573	29.29	SB
	6	Ella Frona Reece	Southampton AC	572	25.36	PB
High Jump (Saturday)						
Final						
	1	Rosie Lewis	Portsmouth Grammar School	500	1.53	PB
	2	Chloe Moore	Olympia Athletics	559	1.45	
	3	Evie Rose Bartlett	Southampton AC	560	1.45	PB
	4	Alexis Seymour	New Forest Junior AC	557	1.40	
	5	Denaya Guma	Basingstoke & Mid Hants AC	511	1.40	PB
Javelin (Sunday)						
Final						
	1	Abigail Ellen McBriar	Winchester & AC	573	34.50	SB
	2	Rebekah Smith	Winchester & AC	530	32.93	PB
	3	Gracie Ava Osman	Winchester & AC	525	23.79	PB
	4	Emily Francis Michelle Greenwell	Isle of Wight AC	564	12.51	

Long Jump (Sunday)					
Final					Wind
1	Gracie Ava Osman	Winchester & AC	525	5.56	1.4
2	Ella Hutton	City of Portsmouth AC	565	4.95	2.5
3	Isobel Jordan	Winchester & AC	529	4.94	1.2 PB
4	Lucy Trueman	City of Portsmouth AC	567	4.61	2.1
5	Amabel Jansen	City of Portsmouth AC	503	4.52	1.9 PB
6	Denaya Guma	Basingstoke & Mid Hants AC	511	4.42	1 PB
7	Hattie Nott	Winchester & AC	566	4.34	0.7
8	Alexis Seymour	New Forest Junior AC	557	4.32	2.1
9	Katie Paris Herivel	Jersey Spartan AC	515	4.13	1 PB
10	Lucy Kirby	Jersey Spartan AC	506	4.01	0 PB
11	Emily Francis Michelle Greenwell	Isle of Wight AC	564	2.96	0.7 PB
Pole Vault (Sunday)					
Final					
1	Lexie Mae Trott	Winchester & AC	562	3.10	PB
2	Victoria Joanna Drake	Southampton AC	563	2.40	PB
3	Aeryn Elizabeth Hearst	Winchester & AC	561	2.30	
Shot Put (Saturday)					
Final					
1	Ella Frona Reece	Southampton AC	572	12.31	PB
2	Rebekah Smith	Winchester & AC	530	11.97	PB
3	Eve Mengham	Havant AC	570	11.87	PB
4	Bethany Rhea Mballa	Winchester & AC	569	11.42	PB
5	Gracie Ava Osman	Winchester & AC	525	10.42	PB
6	Abigail Ellen McBriar	Winchester & AC	573	10.22	PB
7	Rosie Alexandra Hamilton	Basingstoke & Mid Hants AC	568	10.18	
8	Izabel Brown	Basingstoke & Mid Hants AC	531	7.91	
9	Skyler Brown	Isle of Wight AC	519	7.76	
10	Aeryn Elizabeth Hearst	Winchester & AC	561	7.54	
11	Amy Jane Greenwell	Isle of Wight AC	571	7.38	
Triple Jump					
No Competition					