

100m (Sunday)						
Final	Wind -2.0					
	1	Harriet Griffiths-Horrod	SETAFA	735	12.843	PB
	2	Amelie van Heerden	Guernsey AC	721	13.125	
	3	Maisie Hibberd	Basingstoke & Mid Hants AC	713	13.212	PB
	4	Hunea Clarke	Basingstoke & Mid Hants AC	731	13.255	PB
	5	Ramatoulie Savage	City of Portsmouth AC	711	13.644	PB
	6	Laila Rawlings	SETAFA	734	13.81	
	7	Ella Duarte	Jersey Spartan AC	733	13.893	
	8	Isabella Caroline Gibson	Jersey Spartan AC	700	13.964	PB
Semi Final 1	Wind -2.1					
	1	Harriet Griffiths-Horrod	SETAFA	735	13.193	Q PB
	2	Ramatoulie Savage	City of Portsmouth AC	711	13.721	Q PB
	3	Ella Duarte	Jersey Spartan AC	733	13.91	q
	4	Autumn Carro	Jersey Spartan AC	726	14.021	PB
	5	Zoe Godfrey	New Forest Junior AC	703	14.178	PB
	6	Charlotte Palmer	Guernsey AC	720	14.308	
	7	Oneita Tugbiyele Endje-Oko Mbuna	SETAFA	705	14.903	PB
Semi Final 2	Wind -2.8					
	1	Hunea Clarke	Basingstoke & Mid Hants AC	731	13.467	Q PB
	2	Laila Rawlings	SETAFA	734	13.87	Q
	3	Annemiek Louise van den Braak	SETAFA	728	13.92	
	4	Nikola Vagule	Guernsey AC	722	14.173	
	5	Chloe Annabelle Spencer	City of Portsmouth AC	716	14.264	SB
	6	Jemima Niven	Winchester & AC	718	14.35	
	7	Mia Stephens	Olympia Athletics	701	14.361	SB
	8	Holly Poore	Winchester & AC	709	14.511	
Semi Final 2	Wind -1.7					
	1	Maisie Hibberd	Basingstoke & Mid Hants AC	713	13.247	Q PB
	2	Amelie van Heerden	Guernsey AC	721	13.401	Q
	3	Isabella Caroline Gibson	Jersey Spartan AC	700	13.906	q PB
	4	Adjara Seibou	City of Portsmouth AC	706	14.078	PB
	5	Joselyn Eva Ford	Guernsey AC	719	14.123	
	6	Olivia Whitmore	Guernsey AC	727	14.153	SB
	7	Freida North	Andover AC	729	14.199	PB
	8	Rosie Crouch	Southampton AC	712	14.274	PB

Heat 1	Wind -2.5					
	1 Amelie van Heerden	Guernsey AC	721	13.476	Q	
	2 Ramatoulie Savage	City of Portsmouth AC	711	13.612	Q	PB
	3 Jemima Niven	Winchester & AC	718	14.182	Q	
	4 Charlotte Palmer	Guernsey AC	720	14.273	Q	
	5 Jenny Eustace	Basingstoke & Mid Hants AC	708	14.598		PB
	6 Evie Wright	City of Portsmouth AC	714	14.704		PB
	7 Lily Ward	Basingstoke & Mid Hants AC	717	15.474		
Heat 2	Wind -2.0					
	1 Maisie Hibberd	Basingstoke & Mid Hants AC	713	13.383	Q	
	2 Joselyn Eva Ford	Guernsey AC	719	14.062	Q	
	3 Rosie Crouch	Southampton AC	712	14.232	Q	PB
	4 Holly Poore	Winchester & AC	709	14.444	Q	
	5 Taya Smit	Guernsey AC	710	14.648		
	6 Anna Eustace	Basingstoke & Mid Hants AC	707	15.098		PB
	7 Megan Hale	Basingstoke & Mid Hants AC	723	15.554		
Heat 3	Wind -2.5					
	1 Harriet Griffiths-Horrod	SETAFA	735	12.957	Q	PB
	2 Laila Rawlings	SETAFA	734	13.799	Q	
	3 Oneita Tugbiyele Endje-Oko Mbuna	SETAFA	705	14.168	Q	PB
	4 Zoe Godfrey	New Forest Junior AC	703	14.21	Q	PB
	5 Mia Stephens	Olympia Athletics	701	14.312	q	PB
	6 Violet Prudence Rigby	Southampton AC	704	14.518		
	7 Elizabeth Oghemekome Erebor	City of Portsmouth AC	715	15.447		
Heat 4	Wind -1.8					
	1 Annemiek Louise van den Braak	SETAFA	728	13.573	Q	
	2 Ella Duarte	Jersey Spartan AC	733	13.585	Q	PB
	3 Nikola Vagule	Guernsey AC	722	13.823	Q	
	4 Isabella Caroline Gibson	Jersey Spartan AC	700	13.889	Q	PB
	5 Freida North	Andover AC	729	13.904	q	PB
	6 Adjara Seibou	City of Portsmouth AC	706	13.99	q	PB
	7 Esme Murray	City of Portsmouth AC	737	15.402		SB
Heat 5	Wind -2.3					
	1 Hunea Clarke	Basingstoke & Mid Hants AC	731	13.301	Q	PB
	2 Olivia Whitmore	Guernsey AC	727	13.943	Q	PB
	3 Autumn Carro	Jersey Spartan AC	726	13.977	Q	PB
	4 Chloe Annabelle Spencer	City of Portsmouth AC	716	13.996	Q	SB
	5 Dennisha Dawson	City of Portsmouth AC	736	14.777		PB
	6 Phoebe Parfitt	Havant AC	702	15.023		PB
	7 Pearl Joseph	City of Portsmouth AC	730	15.626		PB

1500m (Saturday)						
Final						
	1	Thea Thompson	Jersey Spartan AC	766	04:47.0	PB
	2	Julia Smykala	Aldershot Farnham District	754	04:52.3	PB
	3	Amelia Thomas	City of Portsmouth AC	757	04:56.9	PB
	4	Katharina Hoppe	Southampton AC	772	04:58.7	PB
	5	Charlotte Oakley	City of Portsmouth AC	769	05:01.5	SB
	6	Grace King	Guernsey AC	742	05:04.9	PB
	7	Ava Lilly Spiers	Basingstoke & Mid Hants AC	774	05:05.9	PB
	8	Mia Grace Spiers	Basingstoke & Mid Hants AC	773	05:10.0	PB
	9	Bibiana Riva	Jersey Spartan AC	752	05:10.6	PB
	10	Theodora Murray	Guernsey AC	764	05:14.2	PB
	11	Anna May Edwards	Basingstoke & Mid Hants AC	775	05:17.0	PB
	12	Orla Montgomery	Guernsey AC	739	05:18.8	
	13	Abigail Spencer	Basingstoke & Mid Hants AC	767	05:19.6	PB
	14	Isla Sanders	City of Portsmouth AC	770	05:24.1	SB
	15	Freya Biggs	City of Portsmouth AC	761	05:26.2	PB
	16	Alba Browning-Sanchez	City of Portsmouth AC	763	05:48.0	PB
200m (Sunday)						
Final						
		Wind -2.8				
	1	Amelie van Heerden	Guernsey AC	721	26.803	
	2	Maisie Hibberd	Basingstoke & Mid Hants AC	713	27.349	
	3	Maya Vivienne Kirby	Olympia Athletics	741	27.567	
	4	Elodie Grace Trott	Winchester & AC	744	28.573	
	5	Chloe Annabelle Spencer	City of Portsmouth AC	716	29.035	
	6	Cary-Ann Deacon	Basingstoke & Mid Hants AC	738	29.064	
	7	Freida North	Andover AC	729	29.235	
	8	Ryley Polmeer	New Forest Junior AC	740	29.634	
Heat 1						
		Wind -3.2				
	1	Amelie van Heerden	Guernsey AC	721	28.546	Q
	2	Cary-Ann Deacon	Basingstoke & Mid Hants AC	738	28.974	Q PB
	3	Olivia Whitmore	Guernsey AC	727	29.164	SB
	4	Nikola Vagule	Guernsey AC	722	29.524	
	5	Rosie Crouch	Southampton AC	792	29.582	PB
	6	Charlotte Palmer	Guernsey AC	720	29.86	
	7	Georgia Barrett	Basingstoke & Mid Hants AC	745	30.075	SB

Heat 2	Wind -1.7				
	1 Maya Vivienne Kirby	Olympia Athletics	741	27.675	Q
	2 Freida North	Andover AC	729	28.807	Q PB
	3 Chloe Annabelle Spencer	City of Portsmouth AC	716	28.896	q PB
	4 Amelie Jessica Hall	Jersey Spartan AC	743	29.034	PB
	5 Isabella Caroline Gibson	Jersey Spartan AC	700	29.356	SB
	6 Holly Poore	Winchester & AC	709	29.404	PB
	7 Phoebe Parfitt	Havant AC	702	30.418	PB
Heat 3	Wind -1.6				
	1 Maisie Hibberd	Basingstoke & Mid Hants AC	713	27.494	Q
	2 Ryley Polmeer	New Forest Junior AC	740	27.876	Q PB
	3 Elodie Grace Trott	Winchester & AC	744	27.974	q PB
	4 Violet Prudence Rigby	Southampton AC	704	29.126	SB
	5 Celeste Vickers	Basingstoke & Mid Hants AC	747	30.282	PB
	6 Dennisha Dawson	City of Portsmouth AC	736	30.48	PB
300m (Saturday)					
Final					
	1 Elsa Norris	New Forest Junior AC	749	41.514	PB
	2 Aoife Hendley	City of Portsmouth AC	751	43.757	PB
	3 Laila Rawlings	SETAFA	734	45.087	PB
	4 Bibiana Riva	Jersey Spartan AC	752	45.589	PB
	5 Cary-Ann Deacon	Basingstoke & Mid Hants AC	738	45.654	PB
	6 Taya Smit	Guernsey AC	710	46.02	PB
	7 Aurelia Elizabeth Klidjian	City of Portsmouth AC	748	46.928	PB
	8 Iris Olivia Bloomfield	Basingstoke & Mid Hants AC	753	48.547	PB
	Grace King	Guernsey AC	742	DNS	
75m Hurdles (Saturday)					
Final					
	1 Nikola Vagule	Guernsey AC	722	12.514	
	2 Autumn Carro	Jersey Spartan AC	726	12.528	PB
	3 Alexa Divers	Winchester & AC	778	12.566	PB
	4 Anais Andrews	Winchester & AC	779	12.67	
	5 Olivia Whitmore	Guernsey AC	727	12.791	SB
	6 Freida North	Andover AC	729	14.59	PB

800m (Sunday)						
Time Trial 1						
	1	Elsa Norris	New Forest Junior AC	749	02:15.9	PB
	3	Thea Thompson	Jersey Spartan AC	766	02:23.5	PB
	8	Celeste Vickers	Basingstoke & Mid Hants AC	747	02:32.4	
	10	Abigail Spencer	Basingstoke & Mid Hants AC	767	02:34.6	PB
	12	Freya Biggs	City of Portsmouth AC	761	02:38.4	SB
	13	Georgia Barrett	Basingstoke & Mid Hants AC	745	02:41.7	
	14	Emily Wallis	Portsmouth Grammar School	756	02:42.9	PB
	16	Jasmine Lunn	City of Portsmouth AC	765	02:44.3	PB
	18	Alba Browning-Sanchez	City of Portsmouth AC	763	02:49.0	PB
	19	Erin Wilding	Olympia Athletics	760	02:50.3	PB
Time Trial 2						
	2	Julia Smykala	Aldershot Farnham District	754	02:23.2	PB
	4	Orla Montgomery	Guernsey AC	739	02:24.7	PB
	5	Grace King	Guernsey AC	742	02:27.4	PB
	6	Alodie Jane Gill	Winchester & AC	759	02:27.4	
	7	Amelia Thomas	City of Portsmouth AC	757	02:31.1	PB
	9	Theodora Murray	Guernsey AC	764	02:33.8	PB
	11	Amber Price	Winchester & AC	758	02:35.8	
	15	Gwyneth Hunter	Winchester & AC	750	02:43.7	PB
	17	Poppy Mapplebeck	Jersey Spartan AC	768	02:49.0	PB
	20	Imogen Elliott	City of Portsmouth AC	755	02:54.9	
2000m Walk (6 May)						
Final						
	1	Tafara Nyoni	Aldershot Farnham & District	288	15:03.8	SB

Discus (Sunday)						
Final						
	1	Darcey Thorne-Henderson	Winchester & AC	785	26.35	PB
	2	Lily Ward	Basingstoke & Mid Hants AC	717	25.05	PB
	3	Victoria Elizabeth Pinel	Jersey Spartan AC	786	22.60	PB
	4	Verity Clara Scotland Callaghan	Winchester & AC	787	17.05	PB
	5	Celeste Vickers	Basingstoke & Mid Hants AC	747	14.64	
Hammer (Saturday)						
Final						
	1	Verity Clara Scotland Callaghan	Winchester & AC	787	28.76	PB
	2	Victoria Elizabeth Pinel	Jersey Spartan AC	786	26.78	PB
	3	Olive Anne Wild-Green	Southampton AC	789	25.35	PB
	4	Darcey Thorne-Henderson	Winchester & AC	785	22.16	SB
High Jump (Saturday)						
Final						
	1	Esme Clara Buchanan	Winchester & AC	780	1.61	PB
	2	Nikola Vagule	Guernsey AC	722	1.45	PB
	3	Ella Duarte	Jersey Spartan AC	733	1.45	PB
	4	Romie Cole	Jersey Spartan AC	782	1.40	PB
	5	Zoe Godfrey	New Forest Junior AC	703	1.35	
	5	Amelie Jessica Hall	Jersey Spartan AC	743	1.35	PB
	7	Poppy Mapplebeck	Jersey Spartan AC	768	1.35	PB
	8	Megan Hale	Basingstoke & Mid Hants AC	723	1.30	PB
	9	Ryley Polmeer	New Forest Junior AC	740	1.30	
Javelin (Sunday)						
Final						
	1	Charlotte Pabari	City of Portsmouth AC	788	40.97	
	2	Victoria Elizabeth Pinel	Jersey Spartan AC	786	28.22	PB
	3	Darcey Thorne-Henderson	Winchester & AC	785	24.04	PB
	4	Lily Ward	Basingstoke & Mid Hants AC	717	22.17	
	5	Taya Smit	Guernsey AC	710	18.91	
	6	Fearne Jaya Pallot	Jersey Spartan AC	783	18.84	PB
	7	Poppy Mapplebeck	Jersey Spartan AC	768	12.08	PB

Long Jump (Sunday)					
Final					
					Wind
1	Amelie Jessica Hall	Jersey Spartan AC	743	4.69	-1.2 PB
2	Ella Duarte	Jersey Spartan AC	733	4.60	-2.5 PB
3	Isabella Caroline Gibson	Jersey Spartan AC	700	4.57	-2.8 PB
4	Lily Gray	Andover AC	784	4.49	-2 SB
5	Zoe Godfrey	New Forest Junior AC	791	4.26	-1.4
6	Elodie Grace Trott	Winchester & AC	744	4.21	-2.3 PB
7	Taya Smit	Guernsey AC	710	4.15	-0.8 PB
8	Romie Cole	Jersey Spartan AC	782	4.00	-2.7 PB
9	Lily Ward	Basingstoke & Mid Hants AC	717	3.92	-0.5 SB
10	Autumn Carro	Jersey Spartan AC	726	3.87	-0.9 PB
11	Georgia Barrett	Basingstoke & Mid Hants AC	745	3.79	0 SB
12	Fearne Jaya Pallot	Jersey Spartan AC	783	3.78	-0.8 PB
13	Poppy Mapplebeck	Jersey Spartan AC	768	3.65	0 PB
14	Esme Murray	City of Portsmouth AC	737	3.29	-3 SB
Pole Vault					
No Competition					
Shot Put (Saturday)					
Final					
1	Charlotte Pabari	City of Portsmouth AC	788	12.70	PB
2	Darcey Thorne-Henderson	Winchester & AC	785	10.72	PB
3	Anais Andrews	Winchester & AC	779	9.95	
4	Victoria Elizabeth Pinel	Jersey Spartan AC	786	9.12	PB
5	Olivia Whitmore	Guernsey AC	727	8.88	PB
6	Ryley Polmeer	New Forest Junior AC	740	7.52	PB
Triple Jump (Saturday)					
Final					
					Wind
1	Lily Gray	Andover AC	784	9.82	-2.4 PB
2	Esme Murray	City of Portsmouth AC	737	8.00	-1.8 PB
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