

100m (Sunday)						
Final	Wind -1.5					
	1	Steven Mackay	Jersey Spartan AC	13	10.87	SB
	2	Tom Odell	Southampton AC	10	11.399	SB
	3	Taylor Renouf	Jersey Spartan AC	9	11.594	SB
	4	Austin Ideh	Kettering Town Harriers	6	11.724	
	5	Jonathan le Grange	Jersey Spartan AC	12	11.725	SB
	6	Abraham Orekan	Southampton AC	5	11.881	SB
	7	Harry Giles	City of Portsmouth AC	15	12.062	
	8	Hayden Van Zeil	City of Portsmouth AC	4	12.146	
Heat 1	Wind -2.0					
	1	Steven Mackay	Jersey Spartan AC	13	11.018 Q	SB
	2	Austin Ideh	Kettering Town Harriers	6	11.781 Q	
	3	Hayden Van Zeil	City of Portsmouth AC	4	12.234 Q	
	4	Harry Giles	City of Portsmouth AC	15	12.276 q	
	5	Ben Hazell	Basingstoke & Mid Hants AC	1	12.714	SB
	6	Alan Michael Lee	Basingstoke & Mid Hants AC	2	12.937	
Heat 2	Wind -1.4					
	1	Tom Odell	Southampton AC	10	11.509 Q	SB
	2	Taylor Renouf	Jersey Spartan AC	9	11.715 Q	SB
	3	Jonathan le Grange	Jersey Spartan AC	12	11.868 Q	SB
	4	Abraham Orekan	Southampton AC	5	12.101 q	SB
	5	Mackenzie Evison	Andover AC	14	12.619	SB
	6	Jack Gunnell	City of Portsmouth AC	11	13.188	SB
	7	Neil Barton	Basingstoke & Mid Hants AC	7	15.594	SB
110m Hurdles (Sunday)						
Final	Wind -1.3					
	1	Jacob Patey	Isle of Wight AC	63	16.738	SB
	2	Harvey Hannington-Green	Basingstoke & Mid Hants AC	62	17.83	
	3	Mackenzie Evison	Andover AC	14	22.353	SB

1500m (Sunday)						
Final						
	1	Malek Roostaei	City of Portsmouth AC	46	04:01.5	
	2	Cameron Walker-Powell	City of Portsmouth AC	45	04:01.7	SB
	3	Matthew Revier	Southampton AC	52	04:02.1	
	4	Jon Pepin	Southampton AC	44	04:02.5	SB
	5	Jack Le Tissier	Guernsey AC	31	04:05.0	SB
	6	Callum Olden	Southampton AC	50	04:11.5	SB
	7	Dan Acheson	Aldershot Farnham District	49	04:17.8	
	8	Chris Spinks	City of Portsmouth AC	48	04:18.8	SB
	9	Noah Patey	Isle of Wight AC	47	04:21.9	PB
	10	Barnaby Dougal	City of Portsmouth AC	32	04:23.6	PB
	11	Christian Gillman	Guernsey AC	38	04:23.8	PB
	12	Toby Mann	Guernsey AC	29	04:25.5	SB
200m (Saturday)						
Final						
		Wind -4.2				
	1	Steven Mackay	Jersey Spartan AC	13	22.285	
	2	Thomas Hockley	Harrow AC	17	22.41	
	3	Tom Odell	Southampton AC	10	23.544	SB
	4	Taylor Renouf	Jersey Spartan AC	9	23.985	SB
	5	Austin Ideh	Kettering Town Harriers	6	24.196	
	6	Jonathan le Grange	Jersey Spartan AC	12	24.736	
	7	Harry Giles	City of Portsmouth AC	15	24.911	
	8	Josh Bond	Basingstoke & Mid Hants AC	20	24.989	
Heat 1						
		Wind NW				
	1	Steven Mackay	Jersey Spartan AC	13	22.373	Q
	2	Taylor Renouf	Jersey Spartan AC	9	23.983	Q
	3	Austin Ideh	Kettering Town Harriers	6	24.12	Q
	4	Harry Giles	City of Portsmouth AC	15	24.944	q
	5	Alan Michael Lee	Basingstoke & Mid Hants AC	2	26.265	

Heat 2	Wind -2.4					
	1 Thomas Hockley	Harrow AC	17	22.24	Q	
	2 Tom Odell	Southampton AC	10	23.657	Q	SB
	3 Jonathan le Grange	Jersey Spartan AC	12	24.513	Q	SB
	4 Josh Bond	Basingstoke & Mid Hants AC	20	24.735	q	SB
	5 Jack Gunnell	City of Portsmouth AC	11	26.708		SB
3000m Steeplechase (Sunday)						
Final						
	1 Jack Gunnell	City of Portsmouth AC	11	15:46.7		PB
200m (Sunday)						
Final						
	1 Stefan Luke O'Loughnane	Basingstoke & Mid Hants AC	27	48.909		SB
	2 Ted Chamberlain	Jersey Spartan AC	21	49.578		PB
	3 Nicolas Ackermann	Guernsey AC	22	50.317		PB
	4 Will Brown	Jersey Spartan AC	18	50.532		SB
	5 Kenton Jennings	Aldershot Farnham District	23	53.276		
	6 Owen Watts	Winchester & AC	25	55.317		SB
	7 Glen Jepson	Basingstoke & Mid Hants AC	24	58.18		
400m Hurdles (Saturday)						
Final						
	1 Nicolas Ackermann	Guernsey AC	22	57.965		PB
	2 Jacob Patey	Isle of Wight AC	63	58.536		PB
	3 Luke Austin	Worcester Athletics Club	65	01:02.9		PB

5000m (Saturday)						
Final						
	1	James Copeland	Southern Counties Veterans AC	51	15:35.5	
	2	Ben Healey	Brighton Uni	53	16:10.3	
	3	Sebastian Hoenig	Southampton AC	56	16:16.6	PB
	4	Craig Berryman	Havant AC	58	16:48.9	
	5	Matthew Gordon	City of Portsmouth AC	54	17:02.6	PB
	6	Christopher Tildesley	City of Portsmouth AC	59	17:03.8	
	7	Leon Newnham	Ryde Harriers	57	17:50.9	SB
	8	Leo Anthony Smith	Southampton AC	55	17:55.7	SB
800m (Saturday)						
Final						
	1	Charlie Chambers	Southampton AC	86	01:54.6	
	2	Oskar James Harvey-Nash	Basingstoke & Mid Hants AC	34	01:55.9	PB
	3	Jack Le Tissier	Guernsey AC	31	01:56.1	PB
	4	Jack Messenger	Basingstoke & Mid Hants AC	37	01:59.9	
	5	Daniel Short	Basingstoke & Mid Hants AC	35	02:03.5	
	6	Nicolas Ackermann	Guernsey AC	22	02:05.8	
	7	Matt Coffey	Southampton AC	41	02:06.2	
	8	Barnaby Dougal	City of Portsmouth AC	32	02:10.6	
Heat 1						
	1	Nicolas Ackermann	Guernsey AC	22	02:07.2	Q
	2	Jack Messenger	Basingstoke & Mid Hants AC	37	02:08.6	Q
	3	Charlie Chambers	Southampton AC	86	02:08.6	Q SB
	4	Barnaby Dougal	City of Portsmouth AC	32	02:09.0	q SB
	5	Kieran Ruffle	Basingstoke & Mid Hants AC	33	02:12.0	SB
	6	Andy Parkinson	Winchester Running Club	36	02:23.8	PB
	7	Paul Horler	Winchester Running Club	30	02:34.4	PB

Heat 2						
	1	Daniel Short	Basingstoke & Mid Hants AC	35	02:06.5	Q SB
	2	Jack Le Tissier	Guernsey AC	31	02:07.0	Q SB
	3	Oskar James Harvey-Nash	Basingstoke & Mid Hants AC	34	02:07.1	Q SB
	4	Matt Coffey	Southampton AC	41	02:07.6	q
	5	Christian Gillman	Guernsey AC	38	02:11.2	
	6	Toby Mann	Guernsey AC	29	02:16.7	SB
3000m Walk (4 May)						
Final						
	1	David Mitchell	Southampton AC	179	17:10.7	PB
	2	Keith Vallis	Overton Harriers & AC	178	19:49.4	PB
	3	Derek William Smith	Winchester & AC	180	22:36.4	PB
Discus (Saturday)						
Final						
	1	Joshua Horn	Havant AC	72	35.01	SB
	2	James Kelly	Havant AC	69	34.28	PB
	3	Alex Wardle	Andover AC	75	32.51	
	4	Harvey Hannington-Green	Basingstoke & Mid Hants AC	62	32.00	PB
	5	Alex Fitzpatrick	Havant AC	73	28.96	SB
	6	Mackenzie Evison	Andover AC	14	25.08	SB
	7	Jack Gunnell	City of Portsmouth AC	11	17.01	PB
Hammer (Sunday)						
Final						
	1	Samuel Clifton	Winchester & AC	79	54.25	PB
	2	Leslie Parkes	Winchester & AC	78	50.34	SB
	3	Stuart Thurgood	South West Veterans AC	77	46.03	
	4	Joshua Horn	Havant AC	72	33.27	SB
	5	Alex Fitzpatrick	Havant AC	73	32.93	SB

High Jump (Sunday)						
Final						
	1	James Alexander Herbert	Andover AC	66	1.90	
	2	Jacob Patey	Isle of Wight AC	63	1.75	
	3	Harvey Hannington-Green	Basingstoke & Mid Hants AC	62	1.65	
	4	Mackenzie Evison	Andover AC	14	1.55	SB
Javelin (Saturday)						
Final						
	1	Callum Taylor	Harrow AC	83	62.73	SB
	2	Ben Shane Brearley	Southampton AC	82	50.52	SB
	3	Harvey Hannington-Green	Basingstoke & Mid Hants AC	62	44.59	PB
	4	Mark Stone	Winchester & AC	80	41.64	PB
	5	Mackenzie Evison	Andover AC	14	34.43	PB
	6	Tony Lee Hooker	City of Portsmouth AC	81	33.75	
	7	Femi Awoyode	Aldershot Farnham District	84	24.20	PB
Long Jump (Saturday)						
Final						
	1	Neil Barton	Basingstoke & Mid Hants AC	7	6.58	
	2	Dale Mark Paul Garland	Guernsey AC	64	6.30	
	3	Mike Smith	City of Portsmouth AC	68	4.24	
	4	Kevin Wheeler	SETAFA	67	3.98	
Pole Vault (Saturday)						
Final						
	1	Mackenzie Evison	Andover AC	14	3.10	SB

Shot Put (Sunday)						
Final						
	1	Andrew James Knight	Southampton AC	71	16.13	SB
	2	Joshua Horn	Havant AC	72	12.81	SB
	3	Steven Marley	Guernsey AC	70	11.43	SB
	4	Mackenzie Evison	Andover AC	14	10.80	PB
	5	James Kelly	Havant AC	69	9.89	
	6	Harvey Hannington-Green	Basingstoke & Mid Hants AC	62	9.76	SB
	7	Alex Fitzpatrick	Havant AC	73	7.95	SB
Triple Jump (Sunday)						
Final						
	1	Neil Barton	Basingstoke & Mid Hants AC	7	12.21	
	2	Hayden Van Zeil	City of Portsmouth AC	4	10.39	
	3	Mike Smith	City of Portsmouth AC	68	9.34	