

Hampshire Athletics Track and Field Championship Best Performances from 2026



Senior Men					
100m	Kieran Showler-Davis	Basingstoke & Mid Hants	10.37	2017	
200m	Todd Bennett	Team Solent	21.00	1988	
400m	Robert Tobin	Basingstoke & Mid Hants	46.97	2004	
800m	Kriss Akabusi	Southampton & Eastleigh	01:49.5	1985	
1500m	Michael East	City of Portsmouth	03:45.4	2000	
5000m	Roger Matthews	Bournemouth	14:24.6	1969	
3000m Steeplechase	Tom Buckner	Havant	08:52.2	1991	
110m Hurdles	Andy Blow	Basingstoke & Mid Hants	14.34	2015	
	Glenn Etherington	Guernsey Island	14.34	2015	
400m Hurdles	Dale Garland	Guernsey Island	51.00	2009	
3000m Walk	Chris Snook	Aldershot, Farnham & District	12:03.8	2023	
High Jump	Fayyaz Ahmed	Southampton & Eastleigh	2.11	1986	
	Daniel Turner	Team Solent	2.11	2001	
Pole Vault	Mike Edwards	Belgrave Harriers	5.41	1996	
Long Jump	James Grocock	Southampton	7.21	2013	
Triple Jump	Toks Coker	Farnborough Technical College	14.95	1981	
Shot 7.26kg	Nick Tabor	Southampton & Eastleigh	17.76	1984	
Discus 2kg	Nicholas Percy	Shaftesbury Barnet Harriers	59.45	2021	
Hammer 7.26kg	Andy Frost	Woodford Green with Essex Ladies	70.30	2005	
Javelin 800g	Myles Cottrell	Belgrave Harriers	74.70	1992	
Pentathlon	Ben Hazell	Basingstoke & Mid Hants	3545	2006	
Under 20 Men					
100m	Owen Richardson	Basingstoke & Mid Hants	10.59	2016	
200m	Robert Tobin	Basingstoke & Mid Hants	21.33	2002	
	Kieran Showler-Davis	Basingstoke & Mid Hants	21.33	2010	
400m	Cameron Chalmers	Guernsey Island	47.26	2016	
800m	Aaron Bennett	Southampton	01:53.1	2011	

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1500m	Angus Maclean	Team Solent	03:50.4	1999	
3000m	Nigel Gemmell	Southampton & Eastleigh	08:29.0	1982	
3000m Steeplechase	Andy Vernon	Aldershot, Farnham & District	06:03.7	2004	
110m Hurdles	Thomas Miller	City of Portsmouth	14.33	2016	
400m Hurdles	David West	Thames Valley Harriers	52.90	1987	
3000m Walk	Nick Ball	Steyning	12:23.1	2005	
High Jump	Fayyaz Ahmed	Southampton & Eastleigh	2.06	1984	
	Daniel Turner	Havant	2.06	1997	
Pole Vault	Mike Edwards	Aldershot, Farnham & District	4.80	1987	
Long Jump	Sam Adams	Winchester & District	7.29	2014	
Triple Jump	Ian Rowe	Team Solent	14.33	1997	
Shot 6kg	Jamie Stevenson	Jersey Spartan	18.55	2008	
Discus 1.75kg	Zane Duquemin	Channel Islands	56.48	2010	
Hammer 6kg	Andy Frost	Isle of Wight	60.21	2000	
Javelin 800g	Richard Shuttleworth	City of Portsmouth	69.25	2011	
Pentathlon	John I Dickinson	Haslemere Border	3084	2002	
Under 18 Men					
100m	Theo Le Tissier	Guernsey AC	11.53	2026	
200m	Theo Le Tissier	Guernsey AC	21.76	2026	
400m	Edward Hollis	Basingstoke & Mid Hants	51.26	2026	
800m	Charlie Chambers	Winchester & District	1:50.32	2026	
1500m	Ewan Gwyer	Winchester & District	4:25.75	2026	
3000m	Casper Wilson	Winchester Running Club	9:10.62	2026	
1500m Steeplechase 76.2	Alex Priston	Havant AC	4:35.59	2026	
110m Hurdles	No Record – wind assisted				
400m Hurdles	Vihan Fernando	Basingstoke & Mid Hants	1:04.31	2026	
2000m Walk	No competition				
High Jump	Noah Wincott	Andover AC	1.90	2026	

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Pole Vault	Stanley Shacklock	Southampton AC	4.10	2026	
Long Jump	Edward Hollis	Basingstoke & Mid Hants	5.73	2026	
Triple Jump	No competition				
Shot 5kg	Olivier Coulibaly	Southampton AC	15.53	2026	
Discus 1.5kg	Olivier Coulibaly	Southampton AC	46.19	.	
Hammer 5kg	Aaron Axtell	Southampton AC	58.14	2026	
Javelin 700g	Lewis Bond	Basingstoke & Mid Hants	30.30	2026	
Pentathlon	Louis Bridger	Winchester & District	2592	2026	
Under 16 Boys					
100m	Miles Gillard	Andover AC	11.26	2026	
200m	Kai Ethan La Croix	City of Portsmouth AC	23.02	2026	
300m	Emil Friedrich	Guernsey AC	36.69	2026	
800m	Emil Friedrich	Guernsey AC	1:58.60	2026	
1500m	Ian Bahia	Basingstoke & Mid Hants	4:28.70	2026	
3000m	Leo Gage	Jersey Spartan AC	9:42.61	2026	
1500m Steeplechase	Jonah Tildesley	City of Portsmouth AC	4:42.57	2026	
100m Hurdles	William Harvey	Basingstoke & Mid Hants	14.25w	2026	wind +2.7
300m Hurdles	Brandon Coleman	Basingstoke & Mid Hants	49.88	2026	
2000m Walk	No Competition				
High Jump	Alex Fitzer	Basingstoke & Mid Hants	1.80	2026	
Pole Vault	Tom Price	Winchester & District	3.4	2026	
Long Jump	Duncan Robertson	Winchester & District	5.78	2026	
Triple Jump	Duncan Robertson	Winchester & District	11.71	2026	
Shot 4kg	Tobi Adeniran	Basingstoke & Mid Hants	14.3	2026	
Discus 1.25kg	Tobi Adeniran	Basingstoke & Mid Hants	47.83	2026	
Hammer 4kg	Ewan Dermody	Southampton AC	43.47	2026	
Javelin 600g	Josh Fitzer	Basingstoke & Mid Hants	44.10	2026	
Pentathlon	Sam Hurst	Winchester & District	2383	2026	

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Under 14 Boys					
100m	Ronnie Faunch	SETAFA	12.48	2026	
200m	Ronnie Faunch	SETAFA	25.15	2026	
800m	Harry Lee	Winchester AC	2:19.50	2026	
1500m	Paul Friedrich	Guernsey AC	4:24.73	2026	
80m Hurdles	Aidan Lilleker	Basingstoke & Mid Hants AC	14.25w	2026	wind +3.6
1200m Walk	Spencer Gibson	Aldershot, Farnham & District	06:10.5		
High Jump	Jasper Higgins	Poole Runners	1.50	2026	
Pole Vault	No Competition				
Long Jump	Finlay Stark	Southampton AC	5.30	2026	
Shot 3kg	Tom Hawkins	Andover AC	13.35	2026	
Discus 1kg	Harry Collier	City of Portsmouth	35.55	2026	
Hammer 3kg	No Competition				
Javelin500g	Harry Collier	City of Portsmouth	34.36	2026	
Pentathlon	Austin Bobby Wells	City of Portsmouth	1730	2026	
Wind Assisted Performances					
SM Long Jump	Darragh O'Farrell	Belgrave Harriers	7.34w	2007	No wind reading
U18 Men 110m Hurdles	Harvey Beckles	City of Portsmouth AC	14.67w	2026	wind +3.5
U18 Men 100m	Theo Le Tissier	Guernsey AC	10.84w	2026	wind +2.7
U16 Boys 100m Hurdles	William Harvey	Basingstoke & Mid Hants AC	14.25w	2026	wind +2.7
U14 Boys 80m Hurdles	Aidan Lilleker	Basingstoke & Mid Hants AC	14.25w	2026	wind +3.6
U14 Boys 100m	Rafferty Harbour	City of Portsmouth AC	12.01w	2026	wind +2.3
U16 Boys Triple Jump	Fintan Goddard	City of Portsmouth AC	11.74w	2026	wind +4.6

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Senior Women					
100m	Kathy Smallwood	Reading	11.50	1980	
200m	Kathy Smallwood	Reading	23.40	1980	
400m	Linda Keough	Basingstoke	53.10	1988	
800m	Linda Keough	Basingstoke & Mid Hants	02:05.9	1991	
1500m	Christine Benning	Southampton & Eastleigh	04:15.2	1983	
3000m	Helen Hall	Winchester & District AC	9:33.02	2023	
1500m Steeplechase	Lauren Hall	Aldershot, Farnham & District	5:08.16	2023	
2000m Steeplechase	Emma Pallant	Aldershot, Farnham & District	06:58.2	2010	
100m Hurdles	Katy Sketchley	Team Solent	13.82	2002	
400m Hurdles	Emma Duck	Team Southampton	57.06	2005	
3000m Walk	Verity Larby	Aldershot, Farnham & District	13:27.9	1994	
High Jump	Isobel Pooley	Aldershot, Farnham & District	1.90	2015	
Pole Vault	Laura Edwards	Southampton	3.45	2018	
Long Jump	Tracy Joseph	Basingstoke & Mid Hants	6.33	1997	
Triple Jump	Amelia Gray	Andover	12.46	2026	
Shot 4kg	Serena Vincent	City of Portsmouth AC	17.25	2026	
Discus	Phoebe Dowson	Windsor, Slough, Eton & Hounslow	54.97	2024	
Hammer 4kg	Anna Merritt	Harrow AC	56.40	2025	
Javelin 600g	Katy Watts	Team Southampton	50.37	2005	
Pentathlon	Charmaine Johnson	Epsom & Ewell Harriers	3448	2001	
U20 Women					
100m	Mair Edwards	Basingstoke & Mid Hants	11.71	2017	
200m	Holly Croxford	Winchester & District	24.28	2008	
400m	Holly Croxford	Winchester & District	55.64	2008	
800m	Jenny Beckingham	Southampton	02:11.2	2011	
1500m	Emma Pallant	Aldershot, Farnham & District	04:25.5	2008	
3000m	Stephanie Twell	Aldershot, Farnham & District	09:45.2	2006	

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1500m Steeplechase	Maisie Grice	Aldershot, Farnham & District	05:04.9	2018	
2000m Steeplechase	Gemma Wildash	Basingstoke & Mid Hants	08:01.6	2014	
100m Hurdles	Kylie Robilliard	Guernsey Island	14.34	2006	
400m Hurdles	Ella Manning	Aldershot, Farnham & District	1:00.30	2021	
3000m Walk	Abigail Jennings	Aldershot, Farnham & District	15:16.8	2018	
High Jump	Emma Cowell	Southampton	1.76	2013	
Pole Vault	Amber Try	Windsor, Slough, Eton & Hounslow	3.41	2014	
Long Jump	Amaya Scott	Southampton	5.97	2019	
Triple Jump	Amelia Gray	Andover	12.36	2023	
Shot 4kg	Serena Vincent	City of Portsmouth	14.25	2019	
Discus 1kg	Shadine Duquemin	Shaftesbury Barnet Harriers	49.15	2012	
Hammer 4kg	Jessica Bennett	Southampton	56.11	2022	
Javelin 600g	Freya Jones	Southampton	51.10	2011	
Pentathlon	Hollie Thurgood	City of Portsmouth	3411	2017	
Under 18 Women					
100m	Chloe Johnson	New Forest Junior AC	12.22	2026	
200m	Chloe Poore	Winchester & District AC	24.96w	2026	wind +2.2
400m	Chloe Johnson	New Forest Junior AC	57.87	2026	
800m	Aurelia Klidjian	City of Portsmouth AC	2:17.27	2026	
1500m	Aurelia Klidjian	City of Portsmouth AC	4:39.59	2026	
3000m	Julia Smykala	Aldershot Farnham District	10:41.89	2026	
1500m Steeplechase	Bethy Naylor-Davis	Guilford & Godalming AC	5:09.03	2026	
100m Hurdles	Rosie Lewis	City of Portsmouth AC	14.44	2026	
400m Hurdles	Layla Rowlands	Jersey Spartan AC	1:21.63	2026	
2000m Walk	No competition				
High Jump	Rosie Lewis	City of Portsmouth &	1.60	2026	
	Poppy Hope Crook	Winchester AC	1.60	2026	
Pole Vault	Lexie Trott	Winchester & District	3.30	2026	

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Long Jump	Rosie Lewis	City of Portsmouth AC	5.07	2026	
Triple Jump	Amabel Jansen	City of Portsmouth AC	10.66	2026	
Shot 3kg	Bethany Rhea Mballa	Winchester & District	10.82	2026	
Discus 1kg	Bethany Rhea Mballa	Winchester & District	36.44	2026	
Hammer 3kg	Bethany Rhea Mballa	Winchester & District	46.71	2026	
Javelin 500g	Charlotte Pabari	City of Portsmouth AC	48.38	2026	
Pentathlon	Rosie Lewis	City of Portsmouth AC	3389	2026	
Under 16 Girls					
100m	Maisie Hibbard	Basingstoke & Mid Hants	12.48	2026	
200m	Amelie Van Heerden	Guernsey AC	24.90	2026	
300m	Alexa Divers	Winchester & District	39.65	2026	
800m	Imogen Shaw	City of Portsmouth AC	2:20.83	2026	
1500m	Grace King	Guernsey AC	4:48.58	2026	
3000m	Romilly Baker	City of Portsmouth AC	11:55.85	2026	
1500m Steeplechase	No Competition				
80m Hurdles	Vida-Pascaline Pericard	City of Portsmouth AC	11.87	2026	
300m Hurdles	Alexa Divers	Winchester & District	43.44	2026	
2000m Walk	No Competition				
High Jump	Ella Duarte	Jersey Spartan AC	1.6	2026	
Pole Vault	No competition				
Long Jump	Lily Gray	Andover AC	5.16	2026	
Triple Jump	Lily Gray	Andover AC	11.34	2026	
Shot 3kg	Clarice Thorne-Henderson	Winchester & District	10.65	2026	
Discus 1kg	Clarice Thorne-Henderson	Winchester & District	32.37	2026	
Hammer 3kg	Charlotte Grace Humphreys	Winchester & District	40.62	2026	
Javelin 500g	Clarice Thorne-Henderson	Winchester & District	31.21	2026	
Pentathlon	Hallie Eldridge	Winchester & District	2840	2026	

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Under 14 Girls					
100m	Maria Awoyade	Aldershot Farnham District	13.04	2026	
200m	Grace Cater	Winchester & District	26.43	2026	
800m	Emmeline Fowler	City of Portsmouth AC	2:24.71	2026	
1500m	Lydia Jones	City of Portsmouth AC	5:10.98	2026	
75m Hurdles	Edith Leighton	Havant AC	11.68	2026	
1200m Walk	No Competition				
High Jump	Sophie King	Southampton AC	1.45	2026	
Pole Vault	No competition				
Long Jump	Charlotte Tucker	Guernsey AC	4.50	2026	
Shot 2.72kg	Niamh Lumpkin	Aldershot Farnham District	10.99	2026	
Discus 0.75kg	Tiree Kasperczuk	Andover AC	28.61	2026	
Hammer 2kg	Tabatha Hann	Winchester & District	37.78	2026	
Javelin 400g	Niamh Lumpkin	Aldershot Farnham District	34.86	2026	
Pentathlon	Edith Leighton	Havant AC	2351	2026	
Wind Assisted Performances					
U20W 200m	Holly Croxford	Winchester & District	24.17w	2007	wind +6.4
SW Triple Jump	Amelia Gray	Andover	12.68w	2026	wind +2.3
U18W 200m	Chloe Poore	Winchester & District AC	24.96w	2026	wind +2.2
U18W Long Jump	Rosie Lewis	City of Portsmouth AC	5.20w	2026	wind +4.1
U18W Triple Jump	Amabel Jansen	City of Portsmouth AC	10.70w	2026	wind +3.4
U16G Long Jump	Lily Gray	Andover AC	5.39w	2026	wind +2.8
U16G 100m	Maisie Hibberd	BMHAC	12.19w	2026	wind +2.4

Updated 26 May 2026