

Below is a report on the Brighton 10k and inter counties cross country.

In November, a Hampshire team went to Brighton for the inter county 10k match. This is an excellent event and provides a good level of competition. For the first time we entered both an A and a B team as there are plenty of athletes keen to compete at this level.

The A team packed well with a minute covering the 4 athletes:

14 Jacob O'Hara 31:21
19 Richard Lovejoy 31:28
33 Rob Wood 32:21
36 George Morris 32:27

Although out of the team medals in the men's competition the athletes contributed to a medal in the mixed team event.

The B team suffered from one withdrawal due to injury and one end on the day but the other 2 ran well:

29 Richard Waldron 31:58
34 Brandon Cuell 32:21

Overall there were 1 personal best and 4 seasons bests from the athletes.

Last Saturday saw the inter counties cross country at Nottingham. First up were the U20's but with a number of no shows on the day only 2 athletes competed, Bradley Andrews-Callec in an excellent 12th place and Dylan Poulton in 86th.

The senior men suffered from late withdrawals and a dnf on the day to only finish 4 runners:

Rikki James 57th
Richard Lovejoy 81st
Thomas Aspin 98th
Oliver Priston 120th

Sadly this meant no complete team in either age group.

Regards,
Peter Costley