

SEAA SW/U20 Inter-Counties Championships - Oxford - 13th September 2025

On a dry but chilly day this meeting was yet again, subject to another low turnout from all the participating Counties.

With only six Athletes in the Hampshire SW Team - they nevertheless gave a good account of themselves.

On the Track Emma King (B&MH) won the Sprint 100mH and took 2nd place in the longer 400mH.

Cara McGrath (B&MH) came 2nd in the 200m - as did Alex Lane (WRC) in the 5k

The Field events saw Amelia Gray (And) win both the Long and Triple Jumps - with valuable 4th place points being scored by Holly Whitter (IoW) in the Javelin and Abigail Blake (SAC) in the Discus.

(Full results are available on the Hampshire / Roster website).

At the end of the meeting, the depleted Hampshire Senior Ladies team settled for a creditable second place.

Essex	65
Hampshire	55
Surrey	46
Bedfordshire	44
Oxfordshire	35
Sussex	32
Middlesex	28
Hertfordshire	15

David Churcher

Hampshire Senior Ladies Team Manager.

Also at the Meeting - the other Category results were :

The U20W Team came 3rd, the SM 2nd, and the U20M 7th.

(Again - full results on the HA / Roster website)

At a SEAA EGM meeting in November 2025 - in an effort to combat the falling participation numbers - it was decided to combine the Seniors and U20`s into one Team for this year (2026).