

County road and xc team manager for U20 and senior.

Road.

Last year started off with the Essex 20m near Saffron Walden on 16th March.

We just sent a women's team this year.

Good days racing was had by the 4 women.

8th team place. Further details are in the website.

We have decided not to support the event this year (15th March) due to difficulties in getting a team each year.

Brighton 10k on 16th November.

This year we decided to send 2 teams, as it's always a popular event.

Fantastic result with Kate Estlea Morris from AFD winning overall with a course record and PB by nearly half a minute!

We also won the team prize

Further details are on the website.

Cross Country.

Southern inter County xc championship on 29th November at Horsenden Hill, Greenford

Unfortunately we only managed to get 4 U20's and no seniors seemed interested.

National inter county xc Championships on 7th March. Wollerton hall Nottingham.

A full senior women's team ran, finishing 11th team.

U20 women managed 13th team with an outstanding performance by Imogen Edward's to finish 4th overall.

Kathy Bailey