

To Athletes & Team Managers

Please can I draw your attention to a new trial this year with medical wristbands.

At the AGM in June 2025, an issue was raised regarding Athletes medical information. As numbers are not issued to wear while racing, the first aid team don't have immediate access to medical information in an emergency situation, so the idea was put forward to have wristbands. After some discussion it was agreed that the league would procure wristbands so that Athletes / Team managers can record necessary medical information which is worn during their race.

Therefore, this year we are trialling wristbands. These will be available from the Pam's (i.e. where envelopes are issued & results are returned). The information recorded on the wrist bands will be used to assist the medical team in the event of an athlete having an emergency during a race.

Thank you for your support during this trial and we value any constructive feedback.

Hampshire Cross Country Committee