

HAMPSHIRE ATHLETICS May Day Timetable - 5th May 2025



Time	MEN and BOYS				WOMEN and GIRLS				KMC	
	U13B	U15B	U17M	U20M & SM	U13G	U15G	U17W	U20W & SW	Boys	Girls
9.15	Shot		100mH		HJ	LJ				
9.20								100mH		
9.40		80mH							LJ (U10)	VHT (U10)
9.50							80mH			
10.00				LJ						
10.15	75mH									
10.30		Shot				75mH				
10.40					70mH				LJ (U11)	VHT (U11)
10.45										
11.00	2000mW		3000mW		2000mW		3000mW			
11.00							Shot	Shot		
11.15										
11.30	HJ		Shot							
11.45	MAY DAY MILE									
11.45				Javelin						
12.00					LJ	Shot				
12.10										75m
12.15		LJ	HJ							
12.25									75m	
12.30							HJ	HJ		
12.45				200m						
13.00	MAY DAY 3000 metres									
13.15		HJ	LJ							LJ (U10)
13.30									VHT (U10)	
14.15										LJ (U11)
14.30	LJ				Shot				VHT (U11)	
14.45						HJ			600m (U10)	
15.05							LJ	LJ		600m (U10)
15.20				Discus					600m (U11)	
15.35										600m (U11)
16.00	800m*									
16.05		800m*								
16.10			1500m*							
16.20				1500m*						
16.30								800m*		
16.35							800m*			
16.40					800m*					
16.45						800m*				

* These events may be brought forward. Changes will be published on Roster when the preceeding event finishes.