



# Hampshire Athletics MULTI-EVENTS Championships 2019

**Bank Holiday Monday 6 May 2019 under UKA rules**  
**Mountbatten Centre, Portsmouth from 09.15**

1. All entrants must have **Hampshire qualification**: a. birth or b. nine months continuous residence or H.M. Forces service prior to the Championships in Hampshire, the Isle of Wight or Channel Islands; and must not have competed for another county or in another county's championships during the current Competition Year. All athletes must be registered with England Athletics (refer to website for additional information).

2. **CLUB OR APPROVED REPRESENTATIVE VESTS MUST BE WORN.**  
**FOR HEALTH AND SAFETY REASONS, HEADPHONES MUST NOT BE WORN IN THE ARENA.**

### 3. Qualifying Dates for Age Groups

Age Group		Must be born between
U13B	U13G	1 September 2006 - 31 August 2008
U15B	U15G	1 September 2004 - 31 August 2006
U17M	U17W	1 September 2002 - 31 August 2004
U20M	U20W	1 January 2000 - 31 August 2002
SM	SW	on or before 31 December 1999

4. Detach the entry form and send it with your entry fee to the Championship Secretary at the address shown **by Friday 3 May**. A prompt entry will be appreciated.

### 5. Family Trophy

The Family Trophy, donated by Alan Cropp, is awarded to two or more athletes from the same family who achieve the highest aggregate number of points. Please indicate on each of your entry forms if you wish to enter this competition.

**Championship Secretary: Stuart Horsewood**

email: [stuarthorsewood@hotmail.com](mailto:stuarthorsewood@hotmail.com)

Detach entry form and send to:

Richard Dean

Flat 4 Hazeldene, 2 York Road, BROADSTONE, Dorset, BH18 8ET

You can also enter online at

[www.hampshireathletics.org.uk/enter](http://www.hampshireathletics.org.uk/enter)

## HAMPSHIRE ATHLETICS MULTI-EVENTS 2019

### CAPITAL LETTERS PLEASE

Surname

Forename  M/F

Club

Date of Birth  DAY -  MONTH -  YEAR Age Group

England Athletics Registration Number

Hampshire Qualification (tick any which applies) Birth:  Residence:

Full Postal Address

										Postcode		

Telephone No.

email   
actual case

Family Trophy: Please tick this box if you are entering this competition

**Entry fee: £13**

Please make cheques payable to **Hampshire Athletics**

**NOTE: No entries will be accepted on the day**

I declare that I am qualified to compete in the Hampshire Championships.

**Signature**..... **Date**.....

To be signed by competing athlete or parent/guardian

*You agree that we may publish your personal information as part of the results of the championships and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, performances and age category.*

DETACH ENTRY FORM



## Provisional Multi-Events and Walks Timetable

Please note: The Multi-Events is a combined event competition in which each athlete is expected to compete in all five events

	MEN					WOMEN				
	U13B	U15B	U17M	U20M & SM	U13G	U15G	U17W	U20W & SW		
09.15					HJ	LJ				
09.30			100mH							
09.40								100mH		
09.50		80mH								
10.00				LJ			80mH			
10.15	75mH									
10.30		Shot	Shot†			75mH				
10.40					70mH					
<b>11.00</b>	<b>2000mW</b>	<b>2000mW</b>	<b>3000mW</b>	<b>3000mW</b>	<b>2000mW</b>	<b>2000mW</b>	<b>3000mW</b>	<b>3000mW</b>		
11.00							Shot	Shot		
11.15	Shot									
11.50				Javelin						
12.00					LJ	Shot	HJ	HJ		
12.15		LJ	LJ†							
12.45	Discus									
13.00				200m						
13.20		HJ	HJ†							
14.00										
14.30	LJ				Shot					
14.45						HJ				
15.05							LJ	LJ		
15.20				Discus						
16.00	800m*									
16.05		800m*								
16.10			1500m*							
16.20				1500m*						
16.30								800m*		
16.35							800m*			
16.40					800m*					
16.45						800m*				

Events, especially those marked †, are liable to be re-scheduled depending on numbers of entries  
 Events marked \* may be brought forward depending on times at which preceding events finish.